



Conquering Addiction Pledge

I PLEDGE:

- To support the teens in my life and to encourage safe, responsible decision making.
- To talk to the teens in my life about the dangers of alcohol and drug use.
- To be available to the teens in my life, day or night.
- To set clear rules and expectations about not using alcohol or drugs for the teens in my life.
- To set a good example for the teens in my life by not using illegal drugs or medicine without a prescription, and to use alcohol responsibly.
- To not allow the possession or use of alcohol, marijuana, tobacco or other drugs, or violence by youth in our home or on our property.
- To encourage open dialogue with my child regarding drugs and alcohol.

I know that I can help my child achieve their dreams and live their life as they choose because of my pledge to help them make healthy choices and stay Drug & Alcohol Free.

Signature of Parent/Guardian

